



Middlebrook PTA Full Messenger

January 31, 2021

Middlebrook Quick Calendar

Wednesday	February	3	"All In" Parent Forum Zoom Presentation: 6:00-7:00 pm
Friday	February	12	Shortened Day (Professional Development for Staff) Students Dismissed at 12:30 p.m.

Middlebrook Six Day Cycle

Monday	February	1	Day 4 (Cohort A In Person, Cohort B Remote)
Tuesday	February	2	Day 5 (Cohort A In Person, Cohort B Remote)
Wednesday	February	3	Day 6 (All Students Remote- Shortened Day)
Thursday	February	4	Day 1 (Cohort B In Person, Cohort A Remote)
Friday	February	5	Day 2 (Cohort B In Person, Cohort A Remote)

PTA PRESIDENT'S NOTE

The Middlebrook PTA is hoping to offer a variety of online and outdoor in person programs in coming months. We can't do that without your help! We need individuals to help plan virtual Game Nights, Movie Nights and so much more! We're also currently seeking volunteers to fill a large number of Executive Board and Committee positions for the 2021-2022 year. Please reach out to me at cring226@hotmail.com to learn more about how to get involved.

-Chandra Ring
Middlebrook PTA President

SCHOOL NEWS

MB Health Office

A NOTE FROM THE MB NURSE TO PARENTS/GUARDIANS OF STUDENTS ENTERING GRADE 7 IN AUGUST 2021:

In accordance with Connecticut State Law, the Wilton Board of Education requires that all children have a physical examination to enter 7th grade.

The State of Connecticut mandates that the blue Connecticut State physical examination form HAR-3 and the full immunization record be completed within fifteen months before the first day of school. (The 21-22 school year is scheduled to begin on August 30, 2021.)

Before August 30, 2021, please fill out page one, sign, and date the HAR-3 form before sending the

form to the MB health office. Your physician should have the form; it can be found on the Middlebrook website as well. (*MB Information, MB Health Office, scroll down to MB Health Office Forms, drop down and select State of Ct-Physical Exam.*)

Students will not be allowed to enter class on August 30, 2021 until proof of compliance with this State requirement is received and approved by the nurse. For your information, a second dose of varicella, one dose of Tdap, and one dose of meningococcal vaccine are required to enter 7th grade.

Please call the nurse or health assistant if you have any questions. 203.762.8388

Nancy Flaherty, RN ext 5254

Katie Marchese, Health Assistant ext 5268

Jory Higgins, Principal

MB School Store

The Middlebrook School Store is open for business! Need a pencil, pen or a mask? The Middlebrook School Store has you covered. Please check out our website for all of the above and so much more. “Middlebrook Cares” is a group of students working to raise money for the Department of Children and Families. This year we created masks with our “MB Cares” logo to start fundraising for the winter season. Money raised is given directly to the local DCF office in the form of gift cards to give to local children and families for needed gifts or essentials. Please help us bring a little joy by purchasing our “MB Cares” mask for only \$10 at the Middlebrook School Store!

Please come visit us at the [MB School Store](#):

<https://sites.google.com/wiltonps.org/middlebrookschoolstore/home>

MB Library

Library Learning Commons Overdue Books:

The Middlebrook Library Learning Commons is looking for a few really overdue books. Because of our emergency closure last spring, our usual round up of overdue and missing books was unable to take place at the end of the 2019-2020 school year. Many families thought to bring back borrowed books during the locker materials pick up in June, and students have continued to bring back their borrowed titles since this school year began. We have been very thankful for each book returned. If you are a family who still has a Middlebrook library book (or two or three) sitting around your house, we would still love to have it back. There are labeled boxes on each Team for students to place returning books, and there is also a Return Bin in the Main Lobby. If students should happen to come through the back entrance in the mornings, there is a cart right outside the LLC doors in the Art Hallway where they can return books. If your student is attending remotely, books will happily be accepted at the Front Entrance Booth. Thank you, in advance, for your help with this. Any questions, please contact Erica Kurtz at kurtze@wiltonps.org.

Wilton SEPTA

Join us! Next **Wilton SEPTA (Special Education PTA)** meeting:

Wednesday, February 10th, at 7:00 P.M.

Support our families, students and staff! Open positions for next year include President, Secretary and Committee Chairs!

We are excited to present new programs coming early this Spring 2021:

For Students:

Sensory Integration Art Experience Classes,

free for SEPTA member families

Social Hangouts, Cooperative Play Groups:

Facilitated by trained BCBA's from the **Hangout Spot**

Free for SEPTA member families

Details to follow

April's Diversity and Inclusion Awareness Month Committee needs Volunteers!

Join us to find out more: Two ways to Join here! Mobile Arq to join all PTA's and Paypal link to join SEPTA only:

<https://www.wiltonsepta.org/projecto-5>

Feb. 10th zoom meeting link here!

<https://wiltonps.zoom.us/j/91630930209?pwd=LzBzSIVHSVJrWXdiM0dKNHhxQzJ0Zz09>

Join the Middlebrook PTA Today

Your membership helps support gifts and grants to fund new and recurring programs that enhance instruction and engage our students! At our October meeting, we approved over \$6,700 in grants. Grants funded in this cycle include providing ten temporary tents to help expand and extend outdoor time, piloting a new songwriting unit for general music and choral classes, funding interactive enrichment materials for Spanish classes and giving our 7th graders "Shakesperience".

Joining is easy. Click [here](#) to join and use the code "wilton". You can also download the MobileArq App from the App store. Need more help? Contact our membership chairperson, Donna Arnold.

COMMUNITY NEWS

Wilton High School "Your Academics" Program

Math and Science Seminars

Your Academics is now offering seminars on **Wednesdays at 12:30 pm** in **Math and Science**.

On **February 10th**, seminars in Math 7, Pre-Algebra 7/8, and Algebra 1 will be offered.

Meanwhile, **February 24th**, will be our first 7th Grade Science Seminar.

If you would like to register for any of the seminars, please register here:

<https://forms.gle/WQK68v9X6opWJB4n9>

Improve Your Academics!

All Middlebrook students can receive tutoring at no cost. All tutors are Wilton High School students.

Please fill out this form if you need help in any subject:

<https://docs.google.com/forms/d/e/1FAIpQLSfBFFyrppvQ7z7wMCub3j3oQGmwM7m0DVbqRvBB0cVloK6xQ/viewform>

For more information, please visit <https://youracademics.org/>

Wilton Youth Council

Registration for the winter session of GoZen! is now open. GoZen! is a skills building program that teaches students hands-on tools and strategies to effectively identify, understand, and manage worry and anxiety with a fun, engaging and interactive approach. The class for 3rd and 4th graders will be held on Mondays at 4:30 p.m., and 5th and 6th graders will meet on Wednesdays at 4:00 p.m. These virtual classes will begin the week of February 1st. Learn more at

<https://files.constantcontact.com/a093842c001/ee9c950e-9000-4e99-83a6-28ea9c322169.pdf>. Email

Genevieve Eason at geason@wiltonyouth.org with questions. Visit us at WiltonYouth.org and on

[Facebook](#).

Wilton Go Green

Join Wilton Go Green's Do One Thing Campaign

Join our campaign designed to help our community connect with one another on a different level. We

aim to let each other see what our friends and family are doing around simple changes we are making to help foster more sustainable behaviors. These efforts can be made in different areas of our lives and spread positivity by showing us that we all can make a difference. Join the campaign by visiting our [“Do One Thing”](#) webpage to view all different types of action perhaps you are already taking and then consider a new action to try for 2021. We are sharing images and stories through social media pages, our website and newsletters. [Zero Waste Schools](#)

Wilton Turnover Shop

Did you know that the most generous donor to the PTA is a local nonprofit? The Turnover Shop has provided long-standing support for the PTAs and other local organizations. Operating costs have increased during COVID. The shop was shut down for several months. The shop needs help more than ever. Please help those that have helped the PTAs! VOLUNTEER OPPORTUNITIES: Regular commitment of one or two WEEKDAY morning (10:00 am-1:00 pm) or afternoon (1:00-4:00 pm) shifts a month (Ex. third Friday morning of every month). Please come to donate items/clothing or shop for hidden treasures.

Job Openings Within Wilton Public Schools

The Wilton Public Schools "For a Better World" are seeking recent college graduates, college students, retirees, career-changers, and those interested in giving back to their community to join a dynamic, engaging, and inspirational team of staff and students. A number of flexible positions are available, including substitutes, lunch-recess monitors, certified teachers, long-term substitutes, and paraprofessionals. Help shape the lives of our future leaders! To learn more and/or apply, please visit our website at: <https://www.wiltonps.org/departments/human-resources> or contact Human Resources Coordinator Erika Cross at crosse@wiltonps.org.

Wilton Domestic Violence Task Force

February is Teen Dating Violence Awareness Month and the Wilton Domestic Violence Task Force is sponsoring preventive education programming and activities throughout the month to raise awareness and help educate teens about healthy relationships.

Pizza & a Movie Night:

The Wilton Domestic Violence Task Force invites families of middle and high school students to support our “Pizza and a Movie Night” fundraiser on February 11th. Buy a pizza from Wilton Pizza, and we will include a Movie Guide with discussion questions about how relationships are portrayed in four movies: Beauty & the Beast, Grease, Sierra Burgess is a Loser, and For All The Boys I’ve Loved Before.

Wear Orange Day:

Join individuals around the nation in wearing orange on Tuesday, February 9th! Wear Orange Day aims to raise awareness of teen dating abuse and send the message that abuse will not be tolerated. Take a picture wearing orange and tag @Wilton Domestic Violence Task Force on Facebook. Click [Wear Orange Day Prompt 2021 \(dvccct.org\)](https://www.dvccct.org) to download the Wear Orange Day sign to hold in your photo to send a message out about healthy relationships!

Teen Dating Abuse Parent Resource Guide

Healthy relationships are learned, and youth often learn relationships skills from their parents. Parents are well positioned to make a difference in their child’s life. However, in a national on-line survey of parents with children 11-18 years old, 45% had not discussed dating violence with their children in the past year. Domestic Violence Crisis Center’s resource guide on Teen Dating Abuse includes the following:

- Important information on teen dating abuse, including statistics and dynamics of power and control.
- Warning signs
- Conversation starters
- How to support a child if they disclose abuse

-A relationship assessment

Click [TDVAM – DOMESTIC VIOLENCE CRISIS CENTER \(dvccct.org\)](https://www.dvccct.org) to request your Teen Dating Abuse Parent Resource Guide.

NAMI

NAMI Parent Support

The COVID pandemic has caused unprecedented stress in our society and many children's behaviours have been triggered as a result. What was manageable pre-covid is now unmanageable. Winter brings additional challenges. Find support for you, as you support your child who is struggling. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a support group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Our meetings are held virtually over Zoom and for security you MUST contact Beth or Vanessa in advance for the password. Next meeting is Monday, February 1st, from 10:00 -11:30 a.m. For more information contact: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203-970-4130 or eliasvanessa5@gmail.com

MB Messenger Announcements

Have an important announcement to post in the MB Messenger? Submit a request for a non-profit, school related announcement to: middlebrookmessenger@gmail.com. Please have all requests in by Wednesdays at noon. Please note that the Lite & Full Messengers alternate every other week.