



## Middlebrook PTA Full Messenger

October 27, 2019

### Middlebrook Quick Calendar

Wednesday	October	30	Gr. 8/WHS Orchestra Concert: 7:30 p.m.--WHS Clune Center
Thursday	October	31	Gr. 7 & 8 Band Members to play at Cider Mill Halloween Parades
Tuesday	November	5	<b>No School for Students:</b> Election Day
Thursday	November	7	Brown Bag Lunch with Principal Feltz: 1:00-2:00 p.m.

### Middlebrook Six Day Cycle

Monday	October	28	Day 4
Tuesday	October	29	Day 5
Wednesday	October	30	Day 6
Thursday	October	31	Day 1
Friday	November	1	Day 2

## News From The PTA President

I hope the school year is off to a good start and 6th and 7th graders were able to enjoy the recent activity nights! Our annual appeal, the only time we reach out to parents for fundraising, is underway and while funds are coming in, it's slow-going so far. The annual appeal is integral to our operating budget, funding programs such as the Activity Nights, Soaring Ahead, Birds of Prey, support for the Outdoor Classroom and the Science Fair to name a few. If your child has enjoyed or is looking forward to any of these programs, please consider a donation to help fund our future programs. Donations can be made at <https://www.middlebrookpta.org/annual-appeal> or a check sent into the school addressed to PTA Annual Appeal. Thank you for your continued support and generosity. As always, please reach out to me at [cring226@hotmail.com](mailto:cring226@hotmail.com) with any questions, concerns or if you are interested in getting involved.

-Chandra Ring

## SCHOOL NEWS

## MB Health Office

### Health Requirements for Students Entering Grade 7 in Fall of 2020

In accordance with Connecticut State Law, the Wilton Board of Education requires that prior to the opening day of school, an appropriate health examination, including an immunization record, be filed in the health office. Prior to August 1, 2020, please submit a State of Connecticut (blue form, HAR-3). Please check to see that all asterisks on the State of Connecticut form are completed by the physician. The physical must be within 15 months of the first day of entering the 7<sup>th</sup> grade.

## Middlebrook PTA Annual Appeal

No more Walkathons... No more wrapping paper sales... No more bake sales ...

Does that sound like music to your ears?

It can all be possible, if each family donates at least \$40 per child to the 2019 Middlebrook Annual Appeal. Your donation will allow us to cover the cost of the upcoming 2019-2020 programs that will directly benefit each child at Middlebrook. Examples of past programs include:

**Fund Student Assemblies:** Visiting Author, Guest Poet, Birds of Prey, World Language Assembly.

**Provide safe, fun social opportunities:** Activity Nights, International Food Competition, Ice Cream Socials, 8th Grade Dinner Dance, Soaring Ahead.

**Curriculum Support:** We step in when the budget just isn't there for the school. Last year the PTA gave over \$21,000 towards our Gifts & Grants program. We've provided three cellos for the music department in the last two years, sponsored training for a staff member for "Where Everyone Belongs", purchased displays for the art department, and more!

Your donation to the appeal can make it possible to bring programs, activities, and grants to our children. We can't do this without you!

For ways to donate, please visit: <https://www.middlebrookpta.org/annual-appeal>

## Science Fair

The Science & Engineering Fair is rolling out! Teachers will be making presentations about the Science & Engineering Fair to their students before the end of the month. Parents will receive an email containing details of the fair this week. Deadlines are approaching quickly. Students must discuss their project ideas with their science teacher by **Friday, November 15<sup>th</sup>, 2019**. The Project Approval Form in Google Classroom is due on **Friday, November 22<sup>nd</sup>, 2019**. No extensions or exceptions for late entries will be made.

Mark your calendar for the Science & Engineering Fair: **Tuesday, January 28<sup>th</sup>, 2020** (snow date is Thursday, January 30<sup>th</sup>, 2020). The fair will include a spectacular science show for all, presented by Mad Science of Fairfield. The fair will take place in the Middlebrook gyms (old and new). The agenda for the fair is:

3:00-3:30 pm Sign-in and Set-up

3:30-5:45 pm Judging and Mad Science Show

5:45-6:00 pm Awards Ceremony

All the information you need for the Science & Engineering Fair will be made available on Google Classroom. Please send any questions you have to [MiddlebrookScienceFair@gmail.com](mailto:MiddlebrookScienceFair@gmail.com).

## Box Tops

You may have heard that Box Tops are going digital, meaning less clipping and submitting, all while making it even easier for families to earn monies for their school. To donate box tops just follow a few simple steps:

1. Download the Box Tops (BTFE) app on your smartphone (only need to do this once).
2. Buy products with the Box Tops Logo.
3. Using the BTFE app, scan your receipt (within 14 days of purchase). The app instantly tells you whether any of your purchases earned monies for Middlebrook.

The app is quick to download and simple to use! We will, of course, continue to accept any of the “old” clipped box tops that families may have floating around their house. If you have any questions, please email Jennifer Acerra-Markey at [jtm4jla@optonline.net](mailto:jtm4jla@optonline.net).

### Online PTA Membership and Directories

Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join at: [www.middlebrookpta.org](http://www.middlebrookpta.org)

It’s green, searchable and portable! Available on phones, tablets and computers!

Parents can update their profiles at any time.

One easy spot to register for all your kids’ PTAs and make a donation at the same time!

Questions? Email our Membership VP Donna Arnold at [mallorysleeping@gmail.com](mailto:mallorysleeping@gmail.com)

### Wilton Special Education Parent Teacher Association (SEPTA)

Click below for our October Newsletter!

We are committed to building compassionate, supportive and connected relationships with all of our families, staff, and PTA’s to celebrate diversity, cultivate empathy and inclusion in our schools and community. Please join us! Every hand helps!

<https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmailchi.mp%2Fb24933afb317%2Fsept-a-october-update&data=02%7C01%7C%7C6dcd5a7dcb84b1bd3ae08d755cb0bf2%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637072202867109249&sdata=9IDDxF0i3fJCCP%2BYesifi9UzihCmBvoQA9FGdiacBWw%3D&reserved=0>

### Zero Waste

REDUCE, REUSE, RECYCLE POSTER CONTEST

**The Town of Wilton is partnering with the Zero Waste Schools Committee to celebrate America Recycles Day with a Recycling Poster Contest.** One winner will be chosen from each of the following groups: K-2<sup>nd</sup>, 3<sup>rd</sup>-5<sup>th</sup>, 6<sup>th</sup>-8<sup>th</sup>, and 9<sup>th</sup>-12<sup>th</sup>. **Winners will receive a prize and have their artwork displayed at Wilton Town Hall.**

**Eligibility:** All students in grades K-12.

**Poster Requirements:** Posters created by the students must be their own original artwork.

**Size:** As small as 8” x 11” and as large as 24” x 36”.

**Materials:** Students may use a variety of media such as pen and ink, crayon, colored pencil, marker, or paints. 3D projects and other creative ideas will be accepted as well (within size guidelines above).

**Theme: Reduce, Reuse, Recycle.** Students should use their artwork to demonstrate the right ways to deal with recyclable materials such as reducing single use plastics, reusing containers, or properly recycling materials based on the Town’s recycling program. Check out Recycle CT’s “What’s In, What’s Out” program for project inspiration.

**Submitting Posters:** Please write the student’s name, grade, teacher and contact information (email address and phone number) on the back of the poster. Posters should be placed in the Reduce, Reuse, Recycle Poster Contest bin outside the main office of each school.

**Deadline: Friday, November 8<sup>th</sup>.** Posters will be judged by First Selectwoman Lynne Vanderslice, a Wilton Go Green Board Member, and a Zero Waste Schools committee member. Winners will be announced on America Recycles Day - November 15, 2019. We are excited to have our students

showcase their artistic talents! If you have any questions, please email [wiltonzerowasteschools@gmail.com](mailto:wiltonzerowasteschools@gmail.com).

### **Reflections Contest**

Each year, students in Pre-K through Grade 12 are invited to create and submit original works of art in the areas of Dance Choreography, Film Production, Literature, Music Composition, Photography and Visual Arts. These works of art may be submitted for state and national level awards and recognition opportunities. This year's theme is: Look Within.

Rules and how to enter can be found here: [http://bit.ly/2020Reflections\\_MB](http://bit.ly/2020Reflections_MB)

Feel free to contact Tree McDermott with any questions at [ptsa.mb.reflections@gmail.com](mailto:ptsa.mb.reflections@gmail.com)

### **S.P.A.C.E.: Supportive Parenting of Anxious Childhood Emotions**

Date: Monday, November 4, 2019

Time: 7:00 p.m.

Place: Middlebrook Auditorium

Dr. Eli Lebowitz, Associate Professor in the Yale Child Study Center, will speak to parents about the S.P.A.C.E. program, which addresses childhood anxiety (from low level to severe) by teaching parenting skills. The program has been found to be effective in lessening the negative impact of anxiety on children and families. Come learn more about how changing parent behavior can positively impact your child and reduce the impact of anxiety on your entire family. Dr. Lebowitz will also lead a training session for professionals during the day on November 4th and 5th. This session is sponsored by the Wilton Public Schools, SPED\*NET Wilton, Wilton SEPTA, and Wilton Youth Council. For any questions please contact Lori Godin at [godinl@wiltonps.org](mailto:godinl@wiltonps.org), or by phone at 203-762-3381, extension 8312.

## **COMMUNITY NEWS**

### **Class Project 2024:**

#### **Chili Cook-off and Pie Baking Contest**

Nov. 8, 2019, 7:30 p.m. - 10:30 p.m.

Join us for a fun Fall evening of chili, cornbread and all the fixings, plus samplings of many, many tasty pies! This is our first, *adult only* event to raise money for our childrens' PGP in the Spring of 2024. Soft drinks & fixings will be provided. Please bring your favorite beverage to enjoy.

Music, corn hole, prize drawings and good times with friends new and old!

WHERE: Old Town Hall, 2 Belden Lane, Wilton

HOW: \$40 per Attendee / \$20 per Participant

For more information and tickets, please visit <https://classproject2024.wixsite.com/wilton/events>

### **Wilton Youth Council (WYC)**

WYC promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit [wiltonyouth.org](http://wiltonyouth.org) for more information and to sign up for our monthly newsletter.

Want to get involved with Wilton Youth Council? We are looking for volunteers to join our fundraising committee and/or the Free Play Matters Task Force. If you are interested, contact Genevieve Eason at

geason@wiltonyouth.org for more information!

### **National Alliance on Mental Illness (NAMI)**

Has the back-to-school honeymoon worn off? As school gets into full swing, the academic and social stresses can get to be too much, and result in behavioral changes. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues.

The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area. Our next meetings are Monday, October 28th and Monday, November 25th, from 10:00-11:30 a.m., G&B Cultural Center, 49 New Street, Wilton. For more information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa 203-970-4130 or eliasvanessa5@gmail.com

### **MB Messenger Announcements:**

Have an important announcement to post in the MB Messenger? Please note that the messenger alternates bi-weekly between the "LITE," calendar based Messenger and the fuller edition. Requests must be in by Wednesday at noon to be included in the next FULL Messenger. To submit a request for a non-profit, school related announcement in the messenger email: middlebrookmessenger@gmail.com