



## Middlebrook PTA Full Messenger

**February 21, 2021**

### Middlebrook Quick Calendar

Monday	February	22	Students Return from Winter Break. 6th, 7th & 8th Grade Students Continue 4 Day In-Person Learning
--------	----------	----	--

### Middlebrook Six Day Cycle

Monday	February	22	Day <b>2</b>
Tuesday	February	23	Day <b>3</b>
Wednesday	February	24	Day <b>4</b> (All Students Remote- Shortened Day)
Thursday	February	25	Day <b>5</b>
Friday	February	26	Day <b>6</b>

## SCHOOL NEWS

### MB Health Office

#### **A NOTE FROM THE MB NURSE TO PARENTS/GUARDIANS OF STUDENTS ENTERING GRADE 7 IN AUGUST 2021:**

In accordance with Connecticut State Law, the Wilton Board of Education requires that all children have a physical examination to enter 7<sup>th</sup> grade.

*The State of Connecticut mandates that the blue Connecticut State physical examination form HAR-3 and the full immunization record be completed within fifteen months before the first day of school. (The 21-22 school year is scheduled to begin on August 30, 2021.)*

Before August 30, 2021, please fill out page one, sign, and date the HAR-3 form before sending the form to the MB health office. Your physician should have the form; it can be found on the Middlebrook website as well. (MB Information, MB Health Office, scroll down to MB Health Office Forms, drop down and select State of Ct-Physical Exam.)

Students will not be allowed to enter class on August 30, 2021 until proof of compliance with this State requirement is received and approved by the nurse. For your information, a second dose of varicella, one dose of Tdap, and one dose of meningococcal vaccine are required to enter 7<sup>th</sup> grade.

Please call the nurse or health assistant if you have any questions. 203.762.8388

Nancy Flaherty, RN ext 5254

Katie Marchese, Health Assistant ext 5268

Jory Higgins, Principal

### MB School Store

The Middlebrook School Store is open for business! Need a pencil, pen or a mask? The Middlebrook

School Store has you covered. Please check out our website for all of the above and so much more. "Middlebrook Cares" is a group of students working to raise money for the Department of Children and Families. This year we created masks with our "MB Cares" logo to start fundraising for the winter season. Money raised is given directly to the local DCF office in the form of gift cards to give to local children and families for needed gifts or essentials. Please help us bring a little joy by purchasing our "MB Cares" mask for only \$10 at the Middlebrook School Store!

Please come visit us at the [MB School Store](https://sites.google.com/wiltonps.org/middlebrookschoolstore/home):  
<https://sites.google.com/wiltonps.org/middlebrookschoolstore/home>

### **MB Library**

Library Learning Commons Overdue Books:

The Middlebrook Library Learning Commons is looking for a few really overdue books. Because of our emergency closure last spring, our usual round up of overdue and missing books was unable to take place at the end of the 2019-2020 school year. Many families thought to bring back borrowed books during the locker materials pick up in June, and students have continued to bring back their borrowed titles since this school year began. We have been very thankful for each book returned. If you are a family who still has a Middlebrook library book (or two or three) sitting around your house, we would still love to have it back. There are labeled boxes on each Team for students to place returning books, and there is also a Return Bin in the Main Lobby. If students should happen to come through the back entrance in the mornings, there is a cart right outside the LLC doors in the Art Hallway where they can return books. If your student is attending remotely, books will happily be accepted at the Front Entrance Booth. Thank you, in advance, for your help with this. Any questions, please contact Erica Kurtz at [kurtze@wiltonps.org](mailto:kurtze@wiltonps.org).

### **Wilton SEPTA**

Join us! Support our families, students and staff! Open positions for next year include President, Secretary and Committee Chairs!

**We are excited to present new programs coming early this Spring 2021:**

For Students:

**Sensory Integration Art Experience Classes,**

**Free** for SEPTA member families

**Social Hangouts, Cooperative Play Groups:**

Facilitated by trained BCBA's from the **Hangout Spot**

**Free** for SEPTA member families

Details to follow

**April's Diversity and Inclusion Awareness Month Committee needs Volunteers!**

Join us to find out more: Two ways to Join here! Mobile Arq to join all PTA's and Paypal link to join SEPTA only:

<https://www.wiltonsepta.org/projecto-5>

### **Join the Middlebrook PTA Today**

Your membership helps support gifts and grants to fund new and recurring programs that enhance instruction and engage our students! At our October meeting, we approved over \$6,700 in grants. Grants funded in this cycle include providing ten temporary tents to help expand and extend outdoor time, piloting a new songwriting unit for general music and choral classes, funding interactive enrichment materials for Spanish classes and giving our 7th graders "Shakesperience".

Joining is easy. Click [here](#) to join and use the code "wilton". You can also download the MobileArq App from the App store. Need more help? Contact our membership chairperson, Donna Arnold.

## **COMMUNITY NEWS**

### **Wilton High School "Your Academics" Program**

Please click on the following link for information regarding this program:

<https://docs.google.com/document/d/1QD69HesiJIAR6xnkZHbu7GI05JO123GOWMoez5yxuzE/edit>

For more information, please visit <https://youracademics.org/>

### **Wilton Warrior Welcome**

Wilton Warrior Welcome is a mentor program that matches new-to-Wilton families with those who have been here awhile to help connect new families to the community. Please take a look at how to join this program as either a family new to town or one that has been here and is looking for a virtual volunteer opportunity. For more information:

[https://docs.google.com/forms/d/1c4TsqX7xfScGdpOW0FcT\\_7fE1LF2ZH2cmUxbx-Jw8Vs/edit](https://docs.google.com/forms/d/1c4TsqX7xfScGdpOW0FcT_7fE1LF2ZH2cmUxbx-Jw8Vs/edit)

### **Wilton Youth Council**

Registration for the winter session of GoZen! is now open. GoZen! is a skills building program that teaches students hands-on tools and strategies to effectively identify, understand, and manage worry and anxiety with a fun, engaging and interactive approach. The class for 3rd and 4th graders will be held on Mondays at 4:30 p.m., and 5th and 6th graders will meet on Wednesdays at 4:00 p.m. These virtual classes will begin the week of February 1st. Learn more at

<https://files.constantcontact.com/a093842c001/ee9c950e-9000-4e99-83a6-28ea9c322169.pdf>. Email

Genevieve Eason at [geason@wiltonyouth.org](mailto:geason@wiltonyouth.org) with questions. Visit us at [WiltonYouth.org](http://WiltonYouth.org) and on [Facebook](#).

### **Wilton Go Green**

In honor of our bi-annual Zero Waste Week in March, our Zero Waste Schools Committee is calling all students to repurpose something that would have been thrown away or recycled. Maybe it's a glass jar turned into a pencil holder or a drinking glass? Or an egg carton to sort your jewelry? How about a few items turned into a bird feeder? Show us your up-cycled ideas!

Complete our [Google Form](#) with your name, grade, short description and image by Tuesday, March 23rd. Please make sure your image has your name in it before uploading.

One lucky winner from each grade who demonstrates creativity and fun repurposing something will win a gift card to Tusk and Cup and a metal water bottle.

Winners will be announced on Friday, March 26th. Friday, March 26th, is also "Show Your Love for the Earth and Wear Green Day!" We hope you'll join us in wearing green that day.

### **Wilton Turnover Shop**

Did you know that the most generous donor to the PTA is a local nonprofit? The Turnover Shop has provided long-standing support for the PTAs and other local organizations. Operating costs have increased during COVID. The shop was shut down for several months. The shop needs help more than ever. Please help those who have helped the PTAs! VOLUNTEER OPPORTUNITIES: Regular commitment of one or two WEEKDAY morning (10:00 am-1:00 pm) or afternoon (1:00-4:00 pm) shifts a month (Ex. third Friday morning of every month). Please come to donate items/clothing or shop for hidden treasures.

### **Wilton Soccer Association**

**Wilton Soccer Association (WSA)**

**Spring Opportunities 2021 - Registration is Open**

*Intramural, Travel/DevelopmentTravel, TOPSoccer, Junior Ref, Volunteers*

We believe strongly in a healthy and welcoming community and competitive soccer program that provides opportunities for everyone, from kids just starting out no matter their age, to more experienced players. WSA's mission is to positively contribute to the growth of children and our community by reinforcing values such as sportsmanship, teamwork, integrity and respect for others through a range of fun and high quality soccer experiences. WSA is a non-profit 501(c)(3) organization and part of the Wilton community for 40+ years. #onetownoneteam

**Information:** [LINK](#)

**Registration:** <https://www.wiltonsoccer.com/Default.aspx?tabid=744259>

**Questions:** [info@wiltonsoccer.info](mailto:info@wiltonsoccer.info)

### **Wilton Domestic Violence Task Force**

February is Teen Dating Violence Awareness Month and the Wilton Domestic Violence Task Force is sponsoring preventive education programming and activities throughout the month to raise awareness and help educate teens about healthy relationships.

Teen Dating Abuse Parent Resource Guide

Healthy relationships are learned, and youth often learn relationships skills from their parents. Parents are well positioned to make a difference in their child's life. However, in a national on-line survey of parents with children 11-18 years old, 45% had not discussed dating violence with their children in the past year. Domestic Violence Crisis Center's resource guide on Teen Dating Abuse includes the following:

- Important information on teen dating abuse, including statistics and dynamics of power and control.
- Warning signs
- Conversation starters
- How to support a child if they disclose abuse
- A relationship assessment

Click [TDVAM – DOMESTIC VIOLENCE CRISIS CENTER \(dvccct.org\)](#) to request your Teen Dating Abuse Parent Resource Guide.

### **NAMI**

NAMI Parent Support

The COVID pandemic has caused unprecedented stress in our society and many children's behaviours have been triggered as a result. What was manageable pre-covid is now unmanageable. Winter brings additional challenges. Find support for you, as you support your child who is struggling. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a support group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Our meetings are held virtually over Zoom and for security you MUST contact Beth or Vanessa in advance for the password. For more information contact: Beth at 203-984-0123 or [beth44es@gmail.com](mailto:beth44es@gmail.com) OR Vanessa at 203-970-4130 or [eliasvanessa5@gmail.com](mailto:eliasvanessa5@gmail.com)

### **MB Messenger Announcements**

Have an important announcement to post in the MB Messenger? Submit a request for a non-profit, school related announcement to: [middlebrookmessenger@gmail.com](mailto:middlebrookmessenger@gmail.com). Please have all requests in by Wednesdays at noon. Please note that the Lite & Full Messengers alternate every other week.