



## *Middlebrook PTA Weekly Messenger* May 13, 2018

### Middlebrook Quick calendar

Tuesday	May	15	Visiting Author - Assembly for each grade
Wednesday	May	16	Grade 7 Music Concert & Art Exhibit - 7:30 p.m.
Thursday	May	17	Final PTA Meeting 9:00 a.m.
Friday	May	18	Music Department Adjudication Trip
Monday	May	28	8th Grade Memorial Day Parade 10:00 a.m.
Tuesday	June	5	Parent Tech Workshop 9:00 a.m. or 7:00 p.m. at MB
Tuesday	June	12	6th Grade Closing House 7-8:00 p.m.
Friday	June	15	8th Grade Dinner Dance 7-9:30 p.m.
Tuesday	June	19	7th Grade Closing House 7-8:00 p.m.

### Middlebrook Six Day Cycle

Monday	May	14	Day 6
Tuesday	May	15	Day 1
Wednesday	May	16	Day 2
Thursday	May	17	Day 3
Friday	May	18	Day 4

#### **Note from the President:**

Hoping you moms out there are being properly celebrated on this Mother's Day. Enjoy, for tomorrow is Monday and a return to the normal grind. But today? Today you relax.

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## **SCHOOL NEWS**

### **8th Grade Dinner Dance Ticket Sale is Coming**

Be sure to save the date for the 8th grade dinner dance - June 15th, 7 to 9.30pm. An email invitation will be sent to all 8th graders and their parents this week! Read it carefully for details on dress code. Tickets will be available for purchase for \$25 in the cafeteria during lunch waves 47 on May 29, 30 & 31 and on our PTA website beginning May 29th.

### **Health Requirements for Students Entering Grade 7 in Fall of 2018**

In accordance with Connecticut State Law, the Wilton Board of Education requires that prior to the opening day of school, an appropriate health examination, including an immunization record, be filed in the health office.

### **Prior to August 1, 2018, please submit a State of Connecticut (blue form, HAR-3).**

Please check to see that all asterisks on the State of Connecticut form are completed by the physician. *The Physical must be within 15 months of the first day of entering the 7th grade.*

### **Lose Something on the Bus?**

If your child left something on the bus use this link for a peek at items currently in the lost and found at the Bus Depot-- across from MB where the buses park. All unclaimed items will be donated to the Turnover Store: <https://wiltonslostproperty.blogspot.com/>

### **Missing Items at Middlebrook?**

Use this handy link to see pictures of the items currently in the Middlebrook Lost & Found  
<https://docs.google.com/presentation/d/1A1aBWLEIM7lvqFtziXNuuXssDQyZ6X5LrD3Ot32l3w/edit?usp=sharing>

## **COMMUNITY NEWS**

### **Wilton Girl Scouts Open House**

Interested in becoming a Girl Scout?

Wilton Girls & Parents: Come learn what Girl Scouts has to offer, how to join a troop, and how you can get involved as a troop leader in Wilton Girl Scouts at our Open House!

Girl Scouts create STEM projects, participate in community service projects, learn marketing and leadership skills, go camping, and much more!

Who: All girls entering Kindergarten through 12th grade are welcome

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When: Sunday, May 20th from 2-4pm

Where: Comstock Community Center

### **Class Project 2022**

**Commemorative t-shirt orders are IN!** — If you have not already, please swing by the Wilton Sport Shop and pick-up your order. For those that missed the first batch, [order form](#) has been reopened for a second batch. Your eighth grader may enjoy having one for end of year events or for years to come, but for the adjudication music trip, the music department will supply a “Middlebrook Music” t-shirt for all trip participants.

**For Sale: NEW Warrior blue S’well bottles** will be available for sale at the Parent Social and well as a brand new 2022 spirit wear item — bring your cash or checkbook!

**Coming soon: 2022 cookies.** Stay tuned for info on how to order from The Painted Cookie for Soaring Ahead.

**Next Project 2022 Committee Meeting Thursday, June 7th, Comstock, 7 PM.** All welcome. (This will be last meeting for this school year.)

2022 T-shirts, hoodie sweatshirts, plaid lounge pants, magnets and water bottles available:

- All other orders can be made by contacting Gail Hanny [gmhanny@optonline.net](mailto:gmhanny@optonline.net)
- Limited quantities of Wilton S’well bottles available at Painted Cookie and Scoops

Email [wilton2022@gmail.com](mailto:wilton2022@gmail.com) for information on how to get involved or visit our [2022 Website](#) or [2022 Facebook Group](#)

### **Class Project 2023**

**Attention 7th grade parents:** Save the date! 2023 Family Picnic will be Friday June 1 at 5:30 pm. Tickets are now available for purchase <https://warriorclass2023.wixsite.com/mysite/events>

### **Back The Track Fundraiser:**

Our town track is one of the most frequently used assets in Wilton- from athletes to senior citizens and everyone in between- whether for fitness, youth and club sports teams, the high school as well as serving other groups throughout the year (Cider Mill's Walk-A-Thon comes to mind)! Now, this highly prized resource is past its useful life and in desperate need of resurfacing and repair.

The Wilton Running Club and the Wilton Track Association have joined forces to initiate “Back the Track,” a fundraiser to jump-start the community support and funding required for this project. You can learn more about our track and find out how to donate through our website. If every family makes a donation, we can make a difference! Please go to [www.backthetrack.org](http://www.backthetrack.org) and donate today!

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### **Wilton Youth Council:**

WYC promotes and protects the social, emotional and mental well being of Wilton's students by educating and empowering youth, parents and community. Find us on FB or visit [wiltonyouth.org](http://wiltonyouth.org) for more information and to sign up for our monthly newsletter.

### **New Events**

#### **Free screening of *Angst* <https://angstmovie.com>**

Monday, May 21st, 7pm at Middlebrook

Wilton Public Schools, Wilton Youth Council and Wilton Youth Services will hold a special screening of the documentary “[Angst: Raising Awareness Around Anxiety](#)” at the Middlebrook Auditorium. The event will feature a viewing of the 55-minute film, followed by an informative discussion led by noted psychiatrist Dr. Aaron Krasner.

Through candid interviews, “Angst” utilizes the power of film to tell the stories of many kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they’ve found solutions and hope. The film also includes a special interview with Michael Phelps, a mental health advocate and one of the greatest athletes of all-time. In addition, the documentary provides discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources and tools available to address the condition.

Admission is free, but registration is recommended at [www.Angst.Wilton.eventbrite.com](http://www.Angst.Wilton.eventbrite.com). This event is appropriate for grades 7 and up.

For more information, visit [www.angstmovie.com](http://www.angstmovie.com). Contact Vanessa Elias at [EliasVanessa5@gmail.com](mailto:EliasVanessa5@gmail.com) with questions.

Sponsored by Wilton Public Schools, Wilton Youth Council and Wilton Youth Services.

#### **National Alliance on Mental Illness (NAMI)**

National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) Support Group is for parents of children with behavioral, emotional and mental health issues. These groups are free, confidential, safe and led by trained and certified volunteer facilitators who themselves have had personal experiences raising children with these concerns.

The Wilton based support group meets on the 4th Monday of every month and the next meeting are Mondays, May 21st and June 18th from 10am-11:30am in the G & B Cultural Center, [49 New Street, Wilton](#). For more info, contact Beth at [203-984-0123](tel:203-984-0123) or [Beth44es@gmail.com](mailto:Beth44es@gmail.com); or Vanessa at [EliasVanessa5@gmail.com](mailto:EliasVanessa5@gmail.com), or call [203-970-4130](tel:203-970-4130).

#### **Wilton’s Big Block Party Weekend**

*Building community one block at a time.*

**In an effort to strengthen neighborhood connections, Wilton Youth Council’s Free Play Task Force is encouraging participation in “Wilton’s Big Block Party Weekend.”**

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The town-wide 2018 weekends are June 9-10th and September 15-16th, with each neighborhood choosing their own date and time.

#### Top Reasons to have a Block Party

1. Meet and get to know your neighbors
2. Increase a sense of belonging in the community
3. Get outside, make friends and have fun - no excuses are needed to celebrate
4. Find neighborhood playmates for your children
5. Opportunity for face-to-face connection and conversation
6. Meet some of the long standing neighbors and learn about your community history
7. Decrease stress of snowdays, storms and emergency situations
8. Create a neighborhood contact list

**Feel Inspired? Be a Block Party Captain! For more information or with questions, please email:**  
[wiltonsbigblockpartyweekend@gmail.com](mailto:wiltonsbigblockpartyweekend@gmail.com)

#### **Looking to Get Involved?**

Wilton Youth Council needs you! We have many programs running and this is a great time to get involved! Questions? Email Vanessa Elias at [eliasvanessa5@gmail.com](mailto:eliasvanessa5@gmail.com). Interested in volunteering? Email Suma Iyer at [sumapiyer@gmail.com](mailto:sumapiyer@gmail.com)

#### **MB Messenger Announcements:**

Have an important announcement to post in the MB Messenger? Please note that the messenger alternates bi-weekly between the “LITE,” calendar based Messenger and the fuller edition. Requests must be in by Wednesday at Noon to be included in the next FULL Messenger. To submit a request for a non-profit, school related announcement in the messenger, email [middlebrookmessenger@gmail.com](mailto:middlebrookmessenger@gmail.com)