



Middlebrook PTA Messenger January 1, 2019

Middlebrook Quick Calendar

Thursday	January	10	Brown Bag Lunch w/Principal 1:00-2:00 p.m.-- Office of Principal Feltz
Thursday	January	17	PTA Meeting 9:00-10:00 a.m.-- LLC
Monday	January	21	No School - Martin Luther King Jr. Day

Middlebrook Six Day Cycle

Monday	December	31	No School
Tuesday	January	1	No School
Wednesday	January	2	Day 6
Thursday	January	3	Day 1
Friday	January	4	Day 2

SCHOOL NEWS

Science & Engineering Fair Tuesday, January 29, 2019 (snow date January 31st)

Time: New Gym- 11:00 a.m.-6:00 p.m. & Old Gym- 2:00 p.m.-6:00 p.m.

The Fair invites students to explore and expand their understanding of a science or engineering related topic. Students, working independently or in teams of two, will:

- develop a hypothesis
- conduct their own experiment
- draw conclusions
- organize results into a visual display
- present their project to judges

Registration packets and a list of important dates are available on the PTA website www.middlebrookpta.org . A number of help sessions conducted by our science teachers and

volunteers will be available both before and after school. The Middlebrook Science & Engineering Fair is sponsored by the Middlebrook PTA and the Wilton Education Foundation. For questions or additional information contact Madhavi Sharma Vallabhajosula at madhavi_sharma@hotmail.com

From The MB Health Office

6th to 7th Grade Immunizations for September 2019

In accordance with Connecticut State Law, the Wilton Board of Education requires that all school children have a physical examination to enter 7th grade.

The State of Connecticut mandates that the blue Connecticut State physical examination form HAR-3 be completed within fifteen months before the first day of school. Please submit this form to the Middlebrook nurse by August 1, 2019. Forms can be found online or in the health office.

Students will not be allowed to enter grade 7 in September of 2019 until proof of compliance with this State requirement is received in the school health office.

Additionally, a second dose of varicella, one dose of Tdap, and one dose of meningococcal vaccine are required for 7th grade entry. Please call the nurse if you have any questions. 203.834.4961

2018-2019 PTA REFLECTIONS ARTS & LITERATURE PROGRAM

The theme this year is: "Heroes Around Me"

Talented student writers, musicians, dancers, artists and photographers are invited to embrace this opportunity to compete at the district and possibly state and national level and GAIN RECOGNITION for your talent!

Information on each category (Visual Arts, Photography, Literature, Music Composition, Dance and Film) is below with links to category requirements and entry forms. The collection bin will be outside the Main Office from December 12- January 7.

For more information www.ctpta.org/reflections-program

Rules by Category (please note size requirements for art and tech specifics for dance and video submissions)

https://docs.wixstatic.com/ugd/660af5_c7c6eb9a12694fc497d8dccc158dd84e.pdf

Entry Form (each submission needs your contact info clearly written and a written statement explaining how your piece answers the theme of "Heroes around Me.")

https://docs.wixstatic.com/ugd/660af5_afb70caebec84debb3f55ab6107c3708.pdf

Questions? Email: laurenyoon@msn.com

Online PTA Membership and Directories

Join the PTA and show your support for all of the programs and activities we organize each school year. Student Assemblies, Outdoor Classroom, Media Center Supplies, Activity Nights, Science & Engineering Fair, Social Opportunities, Weekly Messenger, Photo Day, Teacher and Staff Appreciation Events and Soaring Ahead are just a few of the programs our PTA supports. When you join, you will gain instant access to our online directory that is desktop and mobile device friendly, just download the app.

Join here, and use the code - 'wilton'

https://mobilearq.com/schooldirectory/school_directory_parent_register.html

Wilton Special Education Parent Teacher Association (SEPTA)

Formerly the PAB, we are open to all who want to support Special Services in Wilton Public Schools.

For general questions, inquiries about membership and Executive Board positions please contact

wiltonsepta@gmail.com

The schedule for the remainder of the year will be as follows:

SEPTA will meet the **second Wednesday** of each month @ **9:15 am** in the Zellner Gallery@ Clune Center

One Annual evening Meeting: **Wednesday, May 22nd @ 7:00pm**

We hope to add in quarterly evening meetings- To be determined-and we will update accordingly when we have set location and dates for the evenings.

Every member: staff, administrator, community/ family has a vote in all of our meetings as long as they are registered and paid.

Membership is open to all!

Staff memberships are just \$10 (almost cheaper than a Starbucks Coffee!) and Family/ Community membership are \$15.

Registration can be done right on our website at: www.wiltonsepta.org

We have been busy making the rounds to all of our schools to meet with the Instructional/ Special Education teams and existing PTA's during their monthly meetings to introduce ourselves and discuss our platform, obtain input and feedback.

We hope you will join! Please spread the word!

We look forward to seeing administration /staff when it is possible for you to attend. We welcome your feedback and collaboration as we build a positive, supportive, and resourceful platform for our schools and community! Thank you!

Best,

Kara Berghaus

SEPTA Steering Committee

Volunteer!

Volunteering is a great way to know your child's school and be a part of the Middlebrook community. If you're interested in helping with any event, email Meire Mouracade at mouracadefamily4@gmail.com

MB Clubs

Middlebrook School is proud to offer more than 20 clubs and intramural activities before and after school at Middlebrook Please see this [link](#) also available on the district website) to learn about the offerings at Middlebrook. Clubs and intramurals are starting to meet - there are varied dates depending on the activity, please see the informational document for more details. Our diverse options provide students with the opportunity to explore interests in a safe, supportive environment

Stop & Shop Rewards Program

Those families who frequent Stop & Shop can support Middlebrook through the Stop & Shop's A+ Rewards program. The program gives money to our school based on all of your purchases made September 7, 2018- March 16, 2019. It does not cost you anything and does not impact your gas points. You can sign up directly online at www.stopandshop.com/school-rewards/--spread the word to friends and neighbors that we would love to have them support Middlebrook through this program. Even extended family that do not live in Connecticut can sign up if they shop at Stop & Shop. The funds raised will be used for projects that help Middlebrook feel like a fun and friendly place through groups including Team Change and Kindness Club. Of course, we are not asking anyone to change

their shopping habits or switch stores! This is just an easy way to take advantage of no-cost fundraising with folks who already use Stop & Shop.

Box Tops for Education

Please Support This Effort! Please donate your Box Tops to Middlebrook School. Box Tops for Education can be found on hundreds of everyday products from companies like Food Should Taste Good, Yoplait, Kleenex, Scott, Ziploc, Hefty, Old El Paso, Green Giant, Land O Lakes, and Hanes. Collection boxes are located in the front reception booth, the media center, and the teachers' lounge. Proceeds from Box Tops go directly to the school to help buy new equipment and supplies. Last year we raised over \$1,000! That works out to just 10 box tops per student! If you would like more information about this program, including participating brands, visit www.btfe.com, or contact Jennifer Acerra- Markey at jtm4jla@optonline.net.

Media Center Volunteers

The media staff would greatly appreciate your help in the school Media Center to assist with a variety of projects. Shifts are extremely flexible- you can pick the time and day that works best for you! Can be weekly/ biweekly/monthly, or just periodically throughout the year! Please contact Claire Carbonier at carbos@optonline.net

Job Openings Within Wilton Public Schools

Our school district is interested in hiring talented adults who love working with children. Open positions generally provide considerable flexibility, and the time commitment can be as little as a few hours per week. There are also opportunities to work several full days per week. Open positions include:

- Lunch & Recess Monitors - 3.25 hour commitment (late morning / midday)

- Bus Aides - 2.5 - 3 hour commitment (before school 6:30 a.m. - 9:00 a.m. and/or 2:00 p.m. until 4:30 p.m.)

- Daily Substitutes - full or half days (times follow each school's schedule)

Anyone interested in more information about these positions should contact Erika Cross at crosse@wiltonps.org.

COMMUNITY NEWS

Wilton Go Green

Please join Wilton Go Green on Saturday, January 12th, at the Wilton Library from 2:00-3:00 p.m. for a family-friendly screening of *STRAWS*, an award-winning documentary that illuminates the problems related to straws and other single-use plastic pollution that inundate our waterways and oceans. The film inspires a new path forward.

After the screening we will have a short panel discussion and Q&A session. Students in grades 2-6 can register separately for an educational program led by NAMEPA and Wilton Go Green following the film in the Children's Story Room; children under 8 years old must be accompanied by an adult. The educational program starts at 2.30 p.m. and the panel discussion continues in the Brubeck Room.

Register at <http://www.wiltonlibrary.org/events/>.

Evening program being held on Wednesday, January 9th, from 7:00-8:00 p.m.

Mindful Parenting: How to Make It Out in One Piece with Tracey Masella, LCSW

Tuesday, January 15th, 2019

10:00 AM - 11:30 AM @ Wilton Library: 137 Old Ridgefield Road, Wilton

Free; registration recommended - www.wiltonlibrary.org or 203-762-6334

7:00 PM - 8:30 PM @ Weston Library: 56 Norfield Road, Weston

Free; registration recommended - www.westonpubliclibrary.org, click on Calendar

Parenting isn't what it used to be! The pressures in our community make mindful parenting a challenge. This interactive presentation will discuss what it means to be a mindful parent. Tracey will provide useful information on establishing a family frame, setting reasonable and attainable expectations and goals for your children, managing anxiety (both yours and your children's), and finding a supportive group of fellow parents in your community.

This program is appropriate for parents with children of all ages.

Sponsored by: Silver Hill Hospital, Wilton Library, Wilton

Youth Council, Wilton Youth Services, Weston Youth Services, Weston Library

Class Project 2023

Visit our [Wilton 2023 website](#) and join our Facebook [WYC Class Project 2023](#) for more Class Project 2023 information. To become involved with the Project 2023 planning group, email warriorclass2023@gmail.com.

WILTON YOUTH COUNCIL (WYC)

WYC promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit wiltonyouth.org for more information and to sign up for our monthly newsletter. [Click here for an overview of this year's events!](#)

Looking to Get Involved? Wilton Youth Council needs you! We have many programs running and this is a great time to get involved! Questions? Email Vanessa Elias at eliasvanessa5@gmail.com. Interested in volunteering? Email Courtney Boucher at Courtney.v.boucher@gmail.com

WYC Project 2022

S'well bottle with Warrior logo is a great holiday gift for kids, teachers, coaches, bus drivers, etc! Visit Blue Star Bazaar, Signature Style, or The Painted Cookie or email wilton2022@gmail.com to purchase. Your purchase supports the Class of 2022!

WYC's Youth to Youth Club

WYC's Youth to Youth club is excited about the new school year of fun activities, community service projects, ski trips etc. New members are always welcome. The schedule and list of activities will be posted on our Google Classroom page using code 3pjwzr. Contact Y2Y Program Leader Tanya Leonard (leonardt@wiltonps.org) or Room 133A. More information can be found on our website: <http://www.wiltonyouth.org/youth-to-youth>

YOUTH TO YOUTH SKI TRIPS: It's that time of year - WYC's Youth to Youth sponsored Friday ski trips! Open to all students- even if they aren't Y2Y members. If interested, students should see Ms Leonard (room 133A) for the forms. The dates are **Fridays January 4, 11 and 25th!** Students can sign up for all or just one. Makes a great gift!

National Alliance on Mental Illness (NAMI)

Are you stressed about the upcoming holidays? Do you worry about needing to hide or explain your child's behavior to extended family and friends? Does the break in routine and hectic time cause behavioral changes in your child? The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area. Our next meetings are Monday, December 17th, and January 28th from 10:00 a.m.-11:30 a.m. at the G&B Cultural Center, 49 New Street, Wilton. Information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa 203 970-4130 or eliasvanessa5@gmail.com

MB Messenger Announcements:

Have an important announcement to post in the MB Messenger? Please note that the messenger alternates bi-weekly between the "LITE," calendar based Messenger and the fuller edition. Requests must be in by Wednesday at Noon to be included in the next FULL Messenger. To submit a request for a non-profit, school related announcement in the messenger, email middlebrookmessenger@gmail.com