



Middlebrook PTA Full Messenger

November 1, 2020

Middlebrook Quick Calendar

Tuesday	November	3	NO SCHOOL - Professional Development For Staff
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Middlebrook Six Day Cycle

Monday	November	2	Day 1 (Cohort A In Person, Cohort B Remote)
Tuesday	November	3	NO SCHOOL
Wednesday	November	4	Day 2 (All Students Remote- Shortened Day)
Thursday	November	5	Day 3 (Cohort B In Person, Cohort A Remote)
Friday	November	6	Day 4 (Cohort B In Person, Cohort A Remote)

PTA PRESIDENT'S NOTE

Does your child Love the Birds of Prey, Visiting Poet, Foreign Language week assembly or International Food Festival? Are they looking forward to the new temporary tents extending how long lunch and classes can be held outside this fall? Or do they love the annual ice cream socials? All of these PTA sponsored programs hinge on you supporting our annual appeal. We ask for a \$40 donation for each child you have at Middlebrook. Please donate via PayPal here - [PayPal link for Annual Appeal](#).

Calling all Graphic Designers! If you have time to volunteer to the PTA, we're looking for a few minutes of your time. Please email me at cring226@hotmail.com if interested in learning more. As always, please reach out with any questions or concerns at cring226@hotmail.com

-Chandra Ring

Middlebrook PTA President

SCHOOL NEWS

Middlebrook PTA Annual Appeal

Please consider donating to the Middlebrook PTA Annual Appeal at [PayPal link for Annual Appeal](#) or via check delivered to your child's teambase teacher and made out to the Middlebrook PTA. We ask for a \$40 donation for each child you have at Middlebrook. Click [Here](#) learn more about where your donation money goes.

George DiRocco Memorial Scholarship

The Wilton Warrior Gridiron Club, the booster organization that supports the Wilton High School Football program, has established this fund in memory of George. This scholarship will be awarded annually to the teammate who demonstrates selflessness

both on and off the field and will be personally handed the award by the DiRocco family members at either the end-of-season football banquet or at the high school end-of-year awards ceremony. Donations towards this scholarship are held separately from other funds raised benefitting the football program. The DiRocco family has asked that gifts be made towards this fund and will receive a list of donors.

<https://www.wiltonwarriorgridironclub.com/teams/default.asp?u=WILTONWARRIORGRIDIRONCLUB&s=football&p=fundraiser>

Parents New To Wilton Virtual “Meet & Greet”

November 9th @ 9: 00 a.m. - New to Wilton Parent Coffee: an opportunity for parents to meet administrators, learn about MB, and ask questions. Details will be sent to parents of students new to the district this week.

Join the Middlebrook PTA Today

Your membership helps support gifts and grants to fund new and recurring programs that enhance instruction and engage our students! At our October meeting, we approved over \$6,700 in grants. Grants funded in this cycle include providing ten temporary tents to help expand and extend outdoor time, piloting a new songwriting unit for general music and choral classes, funding interactive enrichment materials for Spanish classes and giving our 7th graders "Shakesperience".

Joining is easy. Click [here](#) to join and use the code "wilton". You can also download the MobileArq App from the App store. Need more help? Contact our membership chairperson, Donna Arnold.

Wilton Board of Education

Upcoming Zoom Meeting Dates:

November 3rd at 7:00 p.m.

Please visit <https://go.boarddocs.com/ct/wilton/Board.nsf/vpublic?open> for further details.

Free Wilton High School Tutors

Need help in school? All Middlebrook students can receive tutoring at no cost. All tutors are Wilton High School students. Please fill out this form if you need help in any subject:

<https://docs.google.com/forms/d/e/1FAIpQLSfBFFyrppvQ7z7wMCub3j3oQGmwM7m0DVbqRvBB0cVloK6xQ/viewform> For more information, please visit <https://youracademics.org/>

Chartwells

It is imperative to create a Nutrislice account to order any food through the Wilton School Lunch Program this year. The details can be found on the Wilton School District Website or you can access the website by using the following link. <https://wilton.nutrislice.com> There is also a phone app available . [Creating a Nutrislice Account](#)

Stop & Shop Rewards Program

MIDDLEBROOK SCHOOL – (ID#: 06933) participates in the A+ School Rewards program to earn CASH, a great fundraising program run through our local Stop & Shop! Last year our school earned \$2398.01. The program runs from August 7, 2020 - March 13, 2021.

If you have already registered your card you do not need to re-register. If you haven't registered yet, sign up today! **THANK YOU** all for your support.

For new participants:

- Beginning *July 1, 2020*, visit stopandshop.com and select “SIGN IN” at the top right to log into your online account. Once logged in, you may select or modify your school choice in the

Rewards and Programs section of your account.

- If you do not have an online account, visit stopandshop.com and click “REGISTER”. Follow the prompts to create your online account. Once logged in, follow the same instructions as noted above.
- You’ll need your 13-digit STOP & SHOP CARD number and the School ID number. If you need assistance, call 1-877-366-2668 option 1.

Zero Waste Committee

Happy Fall from your Zero Waste Schools Committee!

As this would have been our Fall Zero Waste Week Celebration in the schools, we wanted to take a moment to share some tips on what we can do to bring the celebration into our homes.

We would like to encourage your family to pledge to do one thing; take steps toward one change that can move us toward a more sustainable community - together! Here are some ideas to get you started:

1. **Do you have money flying out of your house?** Find out with a **FREE** home energy audit through www.energizect.com. Get some quick energy efficient fixes on the spot and take advantage of some amazing rebates. COVID-friendly procedures in place.
2. **Are you doing a fall cleanout?** Repurpose, donate and recycle as much as possible.
 - a. Post items on Facebook tag sale sites or Buy Nothing groups.
 - b. Place textiles such as old sheets, clothes, shoes and more into our school textile bins.
 - c. Donate to The Turnover Shop, which in turn helps support our schools.
 - d. Check out where to recycle certain items that don’t need to go in the trash here (<https://wiltongogreen.org/recycling-101/>)

Extreme Room Makeover 2020! Which room in your house could use a closer look when it comes to making positive, sustainable changes? Is it your bathroom? Kitchen? Take a look at [this list](#) for some easy changes we can make in different rooms in our house.

We wish you a safe and healthy Fall and look forward to hearing your [Do One Thing](#) success stories!

-Zero Waste Schools Committee

wiltonzerowasteschools@gmail.com

COMMUNITY NEWS

Wilton Library

Wilton Library, 137 Old Ridgefield Road, Wilton; www.wiltonlibrary.org; 203-762-6342 for registration

Wednesday, Nov. 4th [Remote Learning - Tips & Tricks to Lessen the Stress](#) 4:00p.m. – 5:30 p.m.

Schooling at home and homeschooling are different, but there’s also a lot of overlap. Get some tips and tricks for Remote Learning from 20-year homeschool veteran, Linda Hincks. She will talk about how to relieve overscheduling stress and revive energy for learning. Bring your questions and concerns. Let's talk about what's most useful for you. [Registration required](#) in order to receive the Zoom link. To register, visit www.wiltonlibrary.org. Wilton Library, 137 Old Ridgefield Road, Wilton; www.wiltonlibrary.org; 203-762-3950.

Thursday, Nov. 19th [The College Timeline: What To Do When](#) 5:00 – 6:00 p.m. When should you begin touring colleges? How many AP exams should you take? How do you start researching schools? What about SATs and ACTs? These are just a few of the questions high school students have as they start to think about college. Join college counselor, Priyanka Shingala, of Let’s Talk College and get advice on important items and a timeline for the 9th-12th grade years. This program is designed for 8th grade - high school students and their parents. Must have access to Zoom and [registration required](#). Please email slauricella@wiltonlibrary.org with any questions. Visit www.wiltonlibrary.org to register and for

program details.

Wilton Youth Council

Attention 6th grade parents: WYC is excited to offer virtual GoZen! this fall. GoZen! is a skills building program that teaches students hands-on tools and strategies to effectively identify, understand, and manage worry and anxiety in a fun, engaging and interactive approach. The class for 5th and 6th graders will meet over Zoom at 4:00 p.m. on Wednesdays, starting November 4th. Learn more at <https://files.constantcontact.com/a093842c001/bc1dcc63-bbde-4ba2-81d6-0d8aae354583.pdf>. Email Genevieve Eason at geason@wiltonyouth.org with questions. Visit us at WiltonYouth.org and on [Facebook](#).

NAMI

The COVID pandemic has caused unprecedented stress in our society and many children's behaviours have been triggered as a result. What was manageable pre-COVID is now out of control. Fall and winter bring additional challenges. Find support for you, as you support your child who is struggling. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a support group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Our meetings are held virtually over Zoom and for security, you MUST contact Beth or Vanessa advance for the password. Next meetings are Mondays, November 2nd and December 7th from 10:00 a.m.-11:30a.m. (<https://us02web.zoom.us/j/596783943> Meeting ID: 596 783 943) For more information and the password: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203-970-4130 or eliasvanessa5@gmail.com

MB Messenger Announcements

Have an important announcement to post in the MB Messenger? Submit a request for a non-profit, school related announcement to: middlebrookmessenger@gmail.com. Please have all requests in by Wednesdays at noon. Please note that the Lite & Full Messengers alternate every other week.