



Middlebrook PTA Full Messenger

October 13, 2019

Middlebrook Quick Calendar

Monday	October	14	No School: Columbus Day
Tuesday	October	15	No School for Students: Professional Learning Day
Thursday	October	17	7th Grade OLSAT (Otis Lennon School Abilities Test)
Thursday	October	17	8th Grade PSAT
Thursday	October	17	PTA Meeting: 9:00 a.m.
Friday	October	18	Innovator's Academy--LLC
Friday	October	18	6th Grade Activity Night- 7:00 p.m. - 9:00 p.m.
Wednesday	October	23	8th Grade/WHs Choral Concert at Clune Center - 7:30 p.m.
Friday	October	25	7th Grade Activity Night - 7:00 p.m. - 9:00 p.m.

Middlebrook Six Day Cycle

Monday	October	14	No School
Tuesday	October	15	No School
Wednesday	October	16	Day 2
Thursday	October	17	Day 3
Friday	October	18	Day 4

News From The PTA President

Be on the lookout for the Annual Appeal, our only request for donations this year. All monies help fund programs run by the PTA annually. Annual programs include ice cream socials, 8th Grade Dinner Dance, Visiting Poet, Gifts & Grants awarded to Middlebrook staff and more. Mark your calendars for our upcoming meeting -- October 17 at 9am at Middlebrook.

-Chandra Ring

SCHOOL NEWS

6th Grade Activity Night!!

Friday, October 18, 2019

7:00-9:00 p.m.--Middlebrook

DJ-Pizza-Games-Raffles-Basketball-Open Gym

To sign up your child please click here:

<https://docs.google.com/forms/d/e/1FAIpQLSdA5RL3ftLmOWS4EqDR8siesJjrvQ8zTtyVt-Z2CpeADVn0ng/viewform?vc=0&c=0&w=1>

To volunteer please click here:

<https://m.signupgenius.com#!/showSignUp/30E0F4CADAD22A3F94-6thgrade>

Contact Kris Getty with any questions: kagtty@optonline.net

Middlebrook PTA Annual Appeal

No more Walkathons... No more wrapping paper sales... No more bake sales ...

Does that sound like music to your ears?

It can all be possible, if each family donates at least \$40 per child to the 2019 Middlebrook Annual Appeal. Your donation will allow us to cover the cost of the upcoming 2019-2020 programs that will directly benefit each child at Middlebrook.

Fund Student Assemblies: Visiting Author, Guest Poet, Birds of Prey, Shakesperience, Chariots of the Sun, World Language Assembly, Beyond Me.

Provide safe, fun social opportunities: Activity Nights, International Food Competition, Ice Cream Socials, 8th Grade Dinner Dance, Soaring Ahead.

Curriculum Support: We step in when the budget just isn't there for the school. Last year the PTA gave over \$21,000 towards our Gifts & Grants program. We provided two cellos for the music department, sponsored training for a staff member for Where Everyone Belongs, displays for the art department, and more!

Your donation to the appeal can make it possible to bring programs, activities, and grants to our children. We can't do this without you!

For ways to donate, please visit: <https://www.middlebrookpta.org/annual-appeal>

Box Tops

The MB Box Tops Contest is back!! Our Box Tops Contest Collection area will be in the lobby starting on Tuesday, October 1st, through Friday, October 25th. There will be a collection bin for each color. Make sure to note your team color when submitting your Box Tops in case they are placed in the wrong bin.

Also be sure your Box Tops are NOT expired as they will not count. The Color with the most submitted Box Tops will be awarded a Homework Free Night!!

You may have heard that Box Tops are going digital, meaning less clipping and submitting, all while making it even easier for families to earn monies for their school. To donate box tops just follow a few simple steps:

1. Download the Box Tops (BTFE) app on your smart phone (only need to do this once)
 2. Buy products with the Box Tops Logo
 3. Using the BTFE app, scan your receipt (within 14 days of purchase). The app instantly tells you whether any of your purchases earned monies for Middlebrook.
- The app is quick to download and simple to use!
If you have any questions, please email Jennifer Acerra-Markey at jtm4jla@optonline.net.

Online PTA Membership and Directories

Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join at: www.middlebrookpta.org
It's green, searchable and portable! Available on phones, tablets and computers!
Parents can update their profiles at any time.
One easy spot to register for all your kids' PTAs and make a donation at the same time!
Questions? Email our Membership VP Donna Arnold at mallorysleeping@gmail.com

Wilton Special Education Parent Teacher Association (SEPTA)

Thanks to everyone who attended our first meeting on September 18th! We are excited to begin the new school year with you and are grateful for your support.
With our new charter in hand, this year we hope to strengthen our parent and teacher base (membership), make inroads with each school's PTA to have events that can truly integrate students and families of children with special needs, educate and fundraise so we can provide grants to our teachers and our schools.

As a reminder, our next meeting will take place on October 16th from 9:00 a.m. - 10:30 a.m. in Room 13 at the Comstock Community Center. The meeting schedule for the 2019-2020 year is below. Please remember to visit our website at wiltonsepta.org for the most up to date information, including agendas, meeting minutes, event information and more!
Feel free to email us at any time with questions or suggestions at wiltonsepta@gmail.com.

Save the Date!

October 27th Bake Sale at The Village Market

Please consider offering your time and/or baking talent! Volunteers are needed for both baking and selling! All proceeds will go toward future school and community programs. Details and sign-up information will follow

Attention Teachers!

Is there something you need for your classroom/students? Apply for a start-up gift or grant. Send inquiries to WiltonSEPTA@gmail.com. Membership in SEPTA is required.
Visit wiltonsepta.org to join.

2019-2020 Meeting Schedule

All meetings will be held in Comstock Community Center: Room 12
October 16, 2019, 9:00 - 10:30 a.m. (Room 13 for this meeting)
November 20, 2019, 4:00 - 5:30 p.m.
January 15, 2020, 9:00 - 10:30 a.m.

February 19, 2020, 7:00 - 8:30 p.m.

March 18, 2020, 4:00 - 5:30 p.m.

April 29, 2020, Spring Social

May 20, 2020, 9:00 - 10:30 a.m.

Zero Waste

Our Green Team and Zero Waste Schools Committees are excited to be back and running our Zero Waste Schools Program at each school. If you are new to Wilton schools, students are helping make a difference by sorting their waste in the cafeteria into liquid, recycling, garbage and compost with the goal of sending as little to the incinerator as possible. You can learn more here (<https://vimeo.com/334717577>)

So why not join in on the routine at home with Curbside Compost! Curbside Compost allows you to compost ALL food scraps including dairy, fish and meats. For every household that signs up for Curbside Compost's residential household collection program Curbside Compost is going to give a \$20 credit towards the Wilton Zero Waste Schools food scrap recovery program. Businesses can get involved too!

Why compost food scraps?

1. Be a role model for your family, children and community.
2. Help to repurpose a material into something good for our homes and gardens.
3. Reduce the energy being used to incinerate trash.
4. Reduce emissions that come from the traditional processing plant.
5. Reduce ash that must be buried in a landfill.
6. Participation is by choice.

Head to Curbside Compost now to sign-up! In the "Pick Up Notes" section be sure to use the code "Wilton Zero Waste Schools" in order for our program to receive credit.

Reflections Contest

Each year, students in Pre-K through Grade 12 are invited to create and submit original works of art in the areas of Dance Choreography, Film Production, Literature, Music Composition, Photography and Visual Arts. These works of art may be submitted for state and national level awards and recognition opportunities. This year's theme is: Look Within

Rules and how to enter can be found here: http://bit.ly/2020Reflections_MB

Feel free to contact Tree McDermott with any questions ptsamb.reflections@gmail.com

S.P.A.C.E.: Supportive Parenting of Anxious Childhood Emotions

Date: Monday, November 4, 2019

Time: 7:00 a.m.

Place: Middlebrook Auditorium

Dr. Eli Lebowitz, Associate Professor in the Yale Child Study Center, will speak to parents about the S.P.A.C.E. program, which addresses childhood anxiety (from low level to severe) by teaching parenting skills. The program has been found to be effective in lessening the negative impact of

anxiety on children and families. Come learn more about how changing parent behavior can positively impact your child and reduce the impact of anxiety on your entire family. Dr. Lebowitz will also lead a training session for professionals during the day on November 4 and 5. This session is sponsored by the Wilton Public Schools, SPED*NET Wilton, Wilton SEPTA, and Wilton Youth Council.

For any questions please contact Lori Godin at godinl@wiltonps.org, or by phone at 203-762-3381 extension 8312.

COMMUNITY NEWS

Trackside: The Monster Mash is here and you're invited!

Oct. 26, 2019 , 7:00pm - 11:00pm

Please join us for our First Annual, Over 21 Halloween Party. (In partnership with Our Lady of Fatima Academy.) We're expecting this to be one of the biggest Wilton events of the year. Grab your friends and come enjoy:

* LIVE MUSIC by One Bad Oyster

* COSTUME & RAFFLE PRIZES (golf for 4, private music lessons, bootcamp classes, restaurant gift certificate, pilates classes and much more...)

* FOOD + OPEN BAR

Join us for a night of spooky fun and fundraising.

Tickets are limited and selling fast: <https://www.trackside.org/monstermash.html>

Class Project 2024:

Chili Cook-off and Pie Baking Contest

Nov. 8, 2019, 7:30pm - 10:30pm

Join us for a fun Fall evening of chili, cornbread and all the fixings, plus samplings of many, many tasty pies! This is our first, *adult only* event to raise money for our childrens' PGP in the Spring of 2024. Soft drinks & fixings will be provided. Please bring your favorite beverage to enjoy.

Music, corn hole, prize drawings and good times with friends new and old!

WHEN: Friday, Nov. 8th 7:30pm -10:30pm

WHERE: Old Town Hall 2 Belden Lane, Wilton

HOW: \$40 per Attendee / \$20 per Participant

For more information and tickets, please visit <https://classproject2024.wixsite.com/wilton/events>

Wilton Youth Council (WYC)

WYC promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit wiltonyouth.org for more information and to sign up for our monthly newsletter.

Want to get involved with Wilton Youth Council? We are looking for volunteers to join our fundraising committee and/or the Free Play Matters Task Force. If you are interested, contact Genevieve Eason at geason@wiltonyouth.org for more information!

True Warrior Baseball

Do you know a child with physical or intellectual disabilities who would enjoy playing Fall baseball? Come join us!! All abilities are welcome! Our focus is to play baseball and have fun. No experience necessary. Register at www.wiltonlittleleague.org

National Alliance on Mental Illness (NAMI)

Has the back-to-school honeymoon worn off? As school gets into full swing, the academic and social stresses can get to be too much, and result in behavioral changes. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues.

The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area. Our next meetings are Monday, October 28th and Monday, November 25th, from 10:00-11:30 a.m., G&B Cultural Center, 49 New Street, Wilton. For more information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa 203-970-4130 or eliasvanessa5@gmail.com

MB Messenger Announcements:

Have an important announcement to post in the MB Messenger? Please note that the messenger alternates bi-weekly between the "LITE," calendar based Messenger and the fuller edition. Requests must be in by Wednesday at noon to be included in the next FULL Messenger. To submit a request for a non-profit, school related announcement in the messenger email: middlebrookmessenger@gmail.com