



Middlebrook PTA Full Messenger

March 24, 2019

Middlebrook Quick Calendar

Monday	April	1	Scott Driscoll Internet Safety Presentation: 7:00 p.m.
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Middlebrook Six Day Cycle

Monday	March	25	Day 1
Tuesday	March	26	Day 2
Wednesday	March	27	Day 3
Thursday	March	28	Day 4
Friday	March	29	Day 5

SCHOOL NEWS

Middlebrook International Food Competition

Once again, the World Language Department is hosting it's popular International Food Competition on Thursday, March 28th, after school. All Middlebrook students are welcome to participate either as individuals or with a partner. They can choose to create a dish in one of 3 categories- Appetizers, Main Dish or Dessert. Prizes will be awarded to the Top 3 dishes in each category! Registration forms and guidelines can be found at: <https://www.wiltonps.org/middlebrook/departments/world-languages> We are also in need of some parent volunteers to help the event run smoothly! Please click on the Sign-Up link if interested. <http://signup.com/go/ddziEgU>

Thank you,

The World Language Department and MB PTA Committee

Middlebrook Yearbooks

Please visit [yearbook sales site](#) to order a 2018-2019 Middlebrook Yearbook.

From The MB Health Office

1. 6th to 7th Grade Immunizations for September 2019

In accordance with Connecticut State Law, the Wilton Board of Education requires that all school children have a physical examination to enter 7th grade.

The State of Connecticut mandates that the blue Connecticut State physical examination form HAR-3

be completed within fifteen months before the first day of school. Please submit this form to the Middlebrook nurse by August 1, 2019. Forms can be found online or in the health office. Students will not be allowed to enter grade 7 in September of 2019 until proof of compliance with this State requirement is received in the school health office. Additionally, a second dose of varicella, one dose of Tdap, and one dose of meningococcal vaccine are required for 7th grade entry.

2. Scoliosis Screening for 7th Grade Girls

Screenings will be done during gym periods starting in February. To be excused from this, a parent's note is requested. Please call the school nurse with any questions: 203-834-4961

Online PTA Membership and Directories

Join the PTA and show your support for all of the programs and activities we organize each school year. Student Assemblies, Outdoor Classroom, Media Center Supplies, Activity Nights, Science & Engineering Fair, Social Opportunities, Weekly Messenger, Photo Day, Teacher and Staff Appreciation Events and Soaring Ahead are just a few of the programs our PTA supports. When you join, you will gain instant access to our online directory that is desktop and mobile device friendly, just download the app.

Join here, and use the code - 'wilton'

https://mobilearq.com/schooldirectory/school_directory_parent_register.html

Wilton Special Education Parent Teacher Association (SEPTA)

Spring Social! Come celebrate with us! Thursday, 4/11. See flyer evite link attached below. This event is **free** and open to all members, staff and community members. Appetizers and drinks will be served. Adults Only. Please RSVP to ensure a spot. We are honored to have Dr Margie Gillis, president of **Literacy How**, join us to present. We are so fortunate that she is able to join us here in Wilton! She is a wonderful presenter and she is truly helping to change the landscape for literacy outcomes for all students across the country. Food and drinks will be available before, during and after her presentation. Doors open at 5:00 p.m. Dr. Gillis will present at 5:30 p.m.

Evite Link: <http://evite.me/ybA8tj7eXg>

For additional info and to inquire about open executive board and committee positions contact us at wiltonsepta@gmail.com For membership visit our website at www.wiltonsepta.org Wilton Special Education Parent Teacher Association (SEPTA) is open to all who want to support Special Services in Wilton Public Schools. Please like our Facebook page: Wilton SEPTA to be informed of upcoming events and helpful information.

April is Diversity/ Inclusion Awareness Month for Wilton Public Schools!

Wilton SEPTA, along with Wilton Public Schools, will be sponsoring the following programs to educate, raise awareness about diversity, inclusion, compassion and empathy throughout our schools: One of the most special components of the programming includes the school based performances presented by the High School peer mentors: Top Inclusion Models(TIMS). This tradition was originally started years ago by Fran Monro, a Wilton parent and former Parent's Advisory Board member. We are proud that we have been able to help grow, expand and support this program over the past few years, and it has become the highlight for our programming for our youngest learners in Miller Driscoll and at Cider Mill. The high school students practice and perform in both schools utilizing the themes of inclusion, understanding/appreciating individual differences and friendship. This year we have once again hired our amazing theater director, Nan Merolla, to work with the TIMS. The hope is that this unique program will be a source of inspiration for our younger

students and plant the seed for them to grow into future Top Inclusion Models and mentors. The performance this year will be a play based upon the book, **Spaghetti in a Hot Dog Bun**, by Maria Dismondy. Copies of the book will be donated to the school libraries by Wilton SEPTA.

Miller Driscoll : April 5th: "Dress Like a Bee" spirit day for "Be Kind." Students can dress up like bees to support kindness and inclusion. There will be raffle/ prize for those that submit their "Bee" photos for the drawing. Students will receive "Be Kind" Bookmarks. April, 2nd: Top Inclusion Model performance, play based upon the above mentioned book.

Cider Mill: April 5th: "Dress Like a Bee" spirit day for "Be Kind" and High school Top Inclusion Model performance.

Middlebrook: Date TBD: Students will celebrate diversity, inclusion and overcoming challenges with a viewing of the documentary by Road Trip Nation in partnership with PBS.org titled: "Being You". Their mission is to show young people how to harness their unique strengths opportunities through the exploration of personal stories. This inspirational documentary comes with a curriculum guide to facilitate exploration and discussion among students, teachers and parents. For more information check out the links below. The bulletin board in the cafeteria at Middlebrook will showcase inspirational stories of individuals that have overcome challenges and found their strengths to contribute to our society in amazing ways! Many of these individuals were included in the spring chorus slideshow that we sponsored last year at Middlebrook when the Students performed the song "This Is Me" from the movie the "Greatest 'Showman". The slideshow can also be found on our web site: www.wiltonsepta.org

"Being You" Documentary: <https://youtu.be/RGBPSayVg54>

Wilton High School: Possible extension of the "Being You" documentary. The Top Inclusion Models will explore short films about diversity and inclusion.

3/13/19: Inclusion video in advisory with group activity after

3/21/19: Community Steps sponsoring "Rock your Socks" for National Down Syndrome Day

4/3/19: Wilton United Variety Show at WHS

4/3/19 and 4/5/19: TIMS performance at CM and MD

4/8/19-4/12/19: Spread the work to end the work campaign at the HS

5/8/19: SWAG Website Launch Party

Box Tops For Education

Even though our contest winners have been announced please continue to submit Box Tops until the end of the school year. Any questions please contact Jen Markey at jtm4jla@optonline.net.

Volunteer!

Volunteering is a great way to know your child's school and be a part of the Middlebrook community. If you're interested in helping with any event, email Meire Mouracade at mouracadefamily4@gmail.com

MB Clubs

Middlebrook School is proud to offer more than 20 clubs and intramural activities before and after school at Middlebrook Please see this [link](#) also available on the district website) to learn about the offerings at Middlebrook. Clubs and intramurals are starting to meet - there are varied dates depending on the activity, please see the informational document for more details. Our diverse options provide students with the opportunity to explore interests in a safe, supportive environment.

Media Center Volunteers

The media staff would greatly appreciate your help in the school Media Center to assist with a variety of projects. Shifts are extremely flexible- you can pick the time and day that works best for you! Can be weekly/ biweekly/monthly, or just periodically throughout the year! Please contact Claire Carbonier at carbos@optonline.net

Wilton Youth Council Sponsored Events in Collaboration with Wilton Public Schools

Youth to Youth is happy to announce an exciting event created by our students!

NEON Communication: LOCK-IN with Youth to Youth

March 29, 2019

"Building Blocks for BRIGHTER COMMUNICATION"

All Youth to Youth members are invited to a FULL night of leadership training focused on team building and communication. Y2Y members and staff will "lock" themselves into Middlebrook School. As part of the evening, we are happy to announce training with...

COMEDIAN and IMPROV WORKSHOP SPEAKER: RACHEL ROSENTHAL

Wilton Youth Council is funding Rachel to speak to our students for an empowering and fun experience. Applying the tenets of improv is a staple in cultivating more positive and effective team environments. Applied improv strengthens one's ability to communicate effectively, react in the moment, collaborate with peers, and actively listen, while boosting confidence, and creating more successful leaders.

REGISTRATION LIMITED TO 45 STUDENTS

Until March 15th, registration is open to Youth to Youth MEMBERS ONLY.

After March 15th, registration opens to all Middlebrook students.

Many thanks to Silver Hill Hospital and Wilton Pizza for supporting this evening. For more information, contact program leader, Tanya Leonard at leonardt@wiltonps.org

COMMUNITY NEWS

WILTON YOUTH COUNCIL (WYC)

WYC promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit wiltonyouth.org for more information and to sign up for our monthly newsletter. [Click here for an overview of this year's events!](#) Looking to Get Involved? Wilton Youth Council needs you! We have many programs running and this is a great time to get involved! Questions? Email Vanessa Elias at eliasvanessa5@gmail.com. Interested in volunteering? Email Courtney Boucher at courtney.v.boucher@gmail.com

Class Project 2023 Parent Social

SAVE THE DATE - 8th grade parents

Saturday, April 27th, 6:30-10:30 p.m. at Trackside Teen Center

Casual fun for the parents!

More details coming soon...

Wilton Children's Theater Summer Registration now open!

Registration is now open for Wilton Children's Theater summer programs: Summerstage Jr! (entering grades 3-6) and Summerstage (entering grades 7-10). Program dates are June 24th-July 12th.

Summerstage Jr! will perform *Disney's 101 Dalmatians KIDS*. The show for Summerstage will be announced soon. For Summerstage Jr!, all payments must be received by WCT before April 4, 2019 in order for your child to be considered registered. If oversubscribed, there will be a lottery after April 4th

for spaces. Register and get more details at <http://www.wiltonchildrenstheater.org>. We look forward to seeing you this summer!

Support Group For Children of Divorce

Wilton Youth Services presents SPLITS - New Support Group for Kids

Is your child affected by a recent divorce or separation? Does your child need the skills to cope with their emotions?

Join SPLITS

Starting Date to be Announced- Time: 2:30 to 3:30pm (weekly for 4 weeks) at Wilton Youth Services in Comstock.

[Click Here for Registration Form](#)

*** Bus #35 goes to Comstock if you would like your child to take the bus please alert the school. SPLITS program leaders will meet your child at the front entrance of Comstock. ***

SPLITS can help your child by:

- Building healthy coping strategies
- Assisting them on when & how to ask for help
- Recognizing loss, change & gain
- Recognizing strengths that will increase self confidence

CHALLENGER BASEBALL REGISTRATION IS OPEN!!

Do you know a child with disabilities who would enjoy playing baseball?

Come join us!!

The Wilton Little League True Warriors participate in the Challenger Division of Little League.

Our focus is to play baseball and have fun. No experience necessary.

[Click here to register](#) Want to know more about True Warriors? We can be reached at wiltonlittleleague@gmail.com.

National Alliance on Mental Illness (NAMI)

Frustrated by your child's challenging behavior? Do you ever feel like your child is harder to parent than other children? Do you worry about how your child's behavior affects the family? Do you think your child or family needs a therapist, but you don't know where to start? Ever wonder how others manage in similar situations? Are you married, but feel alone in parenting your challenging child? If you say yes to any of these -- YOU ARE NOT ALONE!!

National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) Support Group is for parents of children with behavioral, emotional and mental health issues. These groups are free, confidential, safe and led by trained and certified volunteer facilitators who themselves have had personal experiences raising children with these concerns. The Wilton based support group meets on the 4th Monday of every month and the next meetings are Mondays, March 25th and April 22nd from 10:00 am-11:30 am in the G & B Cultural Center, 49 New Street in Wilton. For more info, contact Beth at 203-984-0123 or beth44es@gmail.com or Vanessa at 203 970-4130 or eliasvanessa5@gmail.com

MB Messenger Announcements:

Have an important announcement to post in the MB Messenger? Please note that the messenger alternates bi-weekly between the "LITE," calendar based Messenger and the fuller edition. Requests must be in by Wednesday at noon to be included in the next FULL Messenger. To submit a request for a non-profit, school related announcement in the messenger email:

middlebrookmessenger@gmail.com